



SENSITIVE SKIN



MORNING

- Cleanse Sensitive Cleansing Lotion
- Tone Calming Rose-Otto Mist
- Apply Sensitive Rejuvenation Oil
- Apply Sensitive Moisturising Lotion
- Apply Revitalising Eye Cream
- Apply Antioxidant Skin Firming Serum

EVENING

- Cleanse twice, using Sensitive Cleansing Lotion
- Tone twice, using Calming Rose-Otto Mist
- Apply Sensitive Rejuvenation Oil
- Apply Revitalising Eye Cream around the eye and lip area

In addition to your regular routine we recommend the following Intensive Treatments:

For smooth glowing skin exfoliate once a week with the **Calming Facial Exfoliant**.

To replenish, hydrate and calm the skin apply the **Calming Clay Mask** weekly.

TIPS

Pre-cleanse with the **Calming Makeup Remover** to remove makeup or sunscreen.

Spritz your face several times during the day with the **Calming Rose Otto Mist** to calm redness and reduce sensitivities.

Apply the **Antioxidant Skin Firming Serum** as a makeup primer by patting on the skin and leaving for a few minutes before applying any sunscreen or makeup. The **Antioxidant Skin Firming Serum** can be applied after makeup to help it stay on longer. It can also be reapplied throughout the day for skin protection, hydration, to smooth fine lines and tighten the skin.